



issue: December 2010

this issue's discussion

Fantasy land?

What is it with Christmas? A time to be cheerful, joyful and merry. For some it may not be that - but for others we cannot ignore the buzz, the excitement, the beauty, that this, yes very commercialised, season brings. Commercial or not? It is difficult to ignore and it made me think about what makes this season so much fun? It is fantasy! – imagination.

Children do this amazingly well. Consider a young child, who are caught up in all the pretty things of the season, the lights, the music, the excitement, sense of wonder or surprise – young children can't understand commercialisation and don't see it. They see the fantasy.... and believe in wishes coming true, of anything being possible and the element of surprise! (most children being happy with what they receive – even if it wasn't what they wanted).

Why does fantasy make life more fun? My children believe in Santa, mainly because we go to extremes to keep that fantasy story alive – it's also fun for us and one day my children will find out the truth but for now it's fun watching them and seeing where their creativity and imagination takes them.

Call it cruel - but without fantasy which of us would have had a child? Or gone back for more? We are born with this incredible sense to imagine..., that things will be different, that our child will sleep through or be compliant and listen well. Well – that's what fantasies and dreams are for - to keep us hoping – without it we would have nothing to work towards, nothing to make us feel alive and strive. We would be aimless and dare I say a little boring.

So what is your fantasy? What do you imagine for your child or family?

3 things to do today ...

1. Sit down for 5 minutes and watch your child play.
2. Take a moment at a time and take a few deep breaths.
3. Act out a favourite Christmas song or story with your child.

our reader's question

If you have a question related to parenting or child behaviour, email us and we will choose one to answer in the coming newsletters.

There is no reader's question this month. This segment will be back in February 2011.

We would like to take this opportunity to THANK YOU for your questions.

We THANK YOU for being a Parent with Potential and look forward to what 2011 holds and hope you have a happy, safe, blessed holiday with your children.

No mind is much employed upon the present: recollection and anticipation fill up almost all our moments ~ Samuel Johnson

Eleanor Formaggio
Eleanor is a mum of 3, a Counsellor and specialises in child behaviour and personality

All advice given is informational and is not a substitute for professional independent advice specific to individual needs

this issue's special offer

Purchase a Preschooler Personality Kit and receive an e-handout of a workshop of your choice.

<http://www.parentwithpotential.com/store%20products.html>

Choose from self-esteem, how children learn through play, child personality and child behaviour (That's \$40 value!) of our popular workshops carried out at preschools and playgroups.

what's new from parent with potential

We now offer home visits for our parent support services to anyone in Sydney and Surrounds.

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